Emergency contacts

Keep this on the fridge or by the door. Fill it in once; update it when numbers change.

KinLine
Privacy by Design

Emergency
911
Police, fire, ambulance

Poison Help (US)
1-800-222-1222
Free, 24 hours a day

OUR ADDRESS (READ THIS TO 911)

HOME PHONE

NEAREST CROSS STREET

GATE OR DOOR CODE

LAST UPDATED

Family and people to call

NAME	RELATIONSHIP	PHONE	NOTES e.g. works nights

Health

	NAME	PHONE	NOTES address, member number
Doctor			
Dentist			
Pharmacy			
Health insurance			
Nearest hospital			
Urgent care			

Neighbors, school and work

NAME	WHO THEY ARE	PHONE	NOTES

For each person in the house: allergies, medicines and health conditions belong on their own medication list.

Free from KinLine · kinlineapp.com
Or keep it on your phone in the KinLine app.